

3 on 3 Summer League



The speed of play on Varsity's unique ice surface is so much faster than on a big rink. On a large ice surface, players have so much time to think and react that they will develop bad habits and slow reaction time.

Features of the Varsity 3 on 3 Game

50 x 120 Ice Surface. Our confined ice surface does not allow players to float like they might in a 3 on 3 game on a full sized rink. Player are always involved in the play and must be continually focused on the game.

Quick Decisions and Reactions. The size of the rink will force players to make quicker decisions. Players will be forced to pass the puck quicker and will need to read and react faster.

Lots of Offense. Varsity's 3 on 3 League is a non-contact game filled with offensive opportunities. All players, defense or forward, will get more offensive chances in our game. For players, more chances equals more practice. For goalies, more work equals more opportunity for improvement as well.

Goalies Get Lots of Action. Goalies might have the hardest job in the Varsity 3 on 3 Game. They get lots of shots, rebounds, and breakaways to stop.

KIDS LOVE TO PLAY HOCKEY. PARENTS LOVE TO SEE THEIR KIDS DEVELOP
VARSIITY'S 3 ON 3 LEAGUE ACCOMPLISHES BOTH

2012 Summer 3 on 3 Schedule

Tuesdays

2002/2001 Elite

2000/1999 Elite

Wednesdays

2001/2000 Recreational

2001/2000 Competitive

Thursdays

1999/1998/1997 Recreational

1999/1998/1997 Competitive

Sundays

Top Prospects Beginners (4, 5, & 6 Yrs)

2006 Open Division

2005/04 Recreational

2005/04 Competitive

2003/2002 Recreational

2003/2002 Competitive

Recreational Division - House League Players

Competitive Division - Select, AE, up to A Level

Elite Division - AA, AAA

2012 Super Elite 3 on 3

All Super Elite are part of the Elite Summer Off-Ice Training Program. These programs involve an intensive off-ice training program. Depending on the division, off-ice training involves 3 to 6 hours per week.

Super Elite Divisions for 2012

- ◆ DT1 - Schomogyi Cup, Teir II to NHL (6 hours per week Off-Ice Training)
- ◆ DT1 - JV League - Minor Midget to Teir II (6 hours per week Off-Ice Training)
- ◆ DT2 - Junior Elite Training Program - 1999/1998 (4.5 hours per week Off-Ice Training)
- ◆ DT3 - AAA Training Program 200/1999 (2 hours per week Off-Ice Training)